Paramahansa Yogananda is widely regarded as one of the preeminent spiritual figures of our time and has been hailed as the “father of Yoga in the West.” Born in northern India, Paramahansa Yogananda came to the United States in 1920, where for more than thirty years he taught India’s ancient science of meditation and the art of balanced spiritual living. Through his best-selling classic, *Autobiography of a Yogi*, his acclaimed translation of and commentary on the Bhagavad Gita, *God Talks With Arjuna*, his revelatory commentary on the four Gospels, *The Second Coming of Christ*, and his numerous other books, he has introduced millions of readers to the timeless truths underlying the world’s religious traditions. An award-winning documentary film about his life and work, *Awake: The Life of Yogananda*, was released in October 2014. His spiritual and humanitarian work is being carried on by Self-Realization Fellowship, the international society he founded in 1920 to disseminate his teachings worldwide.
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After 70 years in print, sales of Autobiography of a Yogi continue to grow each year. Hailed as a masterpiece from its first appearance in print, the book has inspired millions, including contemporary luminaries such as Steve Jobs, George Harrison, Deepak Chopra, and Russell Simmons. Autobiography of a Yogi is a true spiritual classic — translated in 50 languages, the book remains the worldwide definitive introduction to yoga meditation and an absorbing exploration of the true meaning of life.

OVER 100,000 COPIES SOLD WORLDWIDE IN 2016

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“I first read Autobiography of a Yogi in the 1970s…. It started me on a path of yoga, meditation, and self-exploration that has continued until this day.”
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“Yogananda’s Autobiography of a Yogi has become a timeless classic in spiritual literature. The extraordinary and miraculous experiences in his life are testimony that he was in God-consciousness. If you really want to understand the infinite possibilities inherent in the field of consciousness, then read this book.”
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*Autobiography of a Yogi* has recently been featured in the award-winning documentary film *Awake: The Life of Yogananda*, which grossed over a million dollars at the box office and is now available in DVD format and on Netflix. The ongoing interest in the life of Paramahansa Yogananda and his work continues to shine a light on his *Autobiography of a Yogi* and other writings, and will ensure continued strong interest for many years to come.

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“In titling this work The Second Coming of Christ, I am not referring to a literal return of Jesus to earth….What is necessary is for the cosmic wisdom and divine perception of Jesus to speak again through each one’s own experience and understanding of the infinite Christ Consciousness that was incarnate in Jesus. That will be his true Second Coming.”

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This monumental work breaks new ground as a revelation of the Gita’s profoundest spiritual, psychological, and metaphysical truths, long obscured by metaphor and allegory. Yogananda clearly outlines the Gita’s balanced path of meditation and right activity, and shows how we can create for ourselves a life of spiritual integrity, serenity, simplicity, and joy. Includes in-depth discussions on Kriya Yoga—what it is, and how it hastens our spiritual evolution.

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“What [Yogananda’s] autobiography achieves in the realm of human experience, God Talks With Arjuna achieves as a complete teaching for the spiritual life….This is a book that one can study and cherish for a lifetime.”
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Paramahansa Yogananda

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- The film’s fascinating backstory, told by filmmakers Paola di Florio, Lisa Leeman, and Peter Rader, and illustrated by many on-set photos not in the film.

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- 11 x 10

**ISBN 978-0-87612-623-3**
- $45.00

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128 pages
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An amplification of Paramahansa Yogananda’s 1920 maiden speech in America given at the International Congress of Religious Liberals in Boston. With penetrating logic, Yogananda reveals the spiritual yearning that lies behind all human striving. Fulfillment of that ultimate longing for transcendence, he explains, is attainable through a science as universal and practical as the sciences on which we rely for material knowledge and attainments.

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Paramahansa Yogananda

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