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PART I

**Expanding Your
Consciousness for
All-Round Success**



The door to the kingdom of heaven is in the subtle center of transcendent consciousness at the point between the two eyebrows. If you focus your attention on that seat of concentration, you will find tremendous spiritual strength and help from within. Feel that your

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consciousness is expanding in divine consciousness. Feel that there are no barriers, no attachments to the body, but that you are moving on and on into the kingdom of God, which can be entered through the spiritual eye.*

Pray with me: “Heavenly Father, open my spiritual eye so that I can enter into Thy kingdom of omnipresence. Father, do not leave me behind in this mortal world of misery; lead me from darkness to light, from death to immortality, from ignorance to endless wisdom, from sorrow to eternal joy.”

*The single eye of intuition and omnipresent perception at the Christ (*Kutastha*) center (*ajna chakra*) between the eyebrows. The spiritual eye is the entryway into the ultimate states of divine consciousness. By awakening and penetrating the spiritual eye, the devotee experiences successively higher states: superconsciousness, Christ Consciousness, and Cosmic Consciousness. The methods of doing so are part of the *Kriya Yoga* science of meditation, whose techniques are taught to students of Paramahansa Yogananda’s *Self-Realization Fellowship Lessons*.

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**THE LIMITLESS
SPIRITUAL POWER WITHIN US**

As you march along the twisting and branching pathways of life, seek foremost to discover the path that leads to God. In the time-tested methods of India's illumined *rishis*, the universal way has been shown how to conquer uncertainty and ignorance by following the trail of light divine they have blazed, straight to the Supreme Goal. The teachings of Self-Realization Fellowship are the voice of India's masters, the voice of truth, the voice of scientific God-realization, through which the new world will find understanding, emancipation, and salvation.

It is only in God-consciousness that we attain ultimate freedom, complete redemption. As such, we must try our utmost until we receive from the hands of heaven the certificate of our Heavenly Father's acknowledgment, with which He gives us victory over all things. This

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world is only a testing place of God wherein He is trying us to see whether we will develop the limitless spiritual power within us or limit ourselves to material attractions. He has remained silent, and it is up to us to choose. I think we will not make a mistake if we follow the teachings that India has given, and in which her masters have specialized. Her supreme gift to the world is the knowledge of how to find God, through step-by-step methods. If you follow the Self-Realization teachings I have brought to you from the Masters of India, you can find God in this life. This I declare unto you. Begin now, before the opportunity is lost and you are whisked away from this earth.

Each word that is coming to you through me is coming from God. And what I tell you, I have experienced. If you practice these truths you will see for yourself that what I am saying is real. I am giving you golden nuggets of truth; they will make you rich in Spirit if you use

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them to their fullest potential. While the world rushes along, knowing not where, waste not your time in shortsighted pursuits. Why chase after a little money or a little health? These are blind alleys. We appear to be so weak: something goes wrong and we collapse. But behind every bone and fiber, behind our every thought and volition, is the infinite spirit of God. Seek Him, and you shall attain complete victory. You will smile at the world with a smile from within, showing that you have found something far greater than material treasures.

**TRUE SUCCESS: TO MAKE
YOUR LIFE A GLORY AND A HAPPINESS
TO YOURSELF AND TO OTHERS**

Very few persons understand the expansion of consciousness that constitutes true success. You have come into this world without knowing what marvelous faculties you possess, and most of you live without trying scientifically to